

A Parent's Guide to PARTIAL HOSPITALIZATION



Continuing Care for Your Child

Caring for a child with mental health challenges is heart-wrenching and can be an emotional rollercoaster. However, it is important to understand that inpatient hospitalization is just the first step.

Inpatient hospitalization is designed to stabilize a child who is experiencing a psychiatric emergency. However, follow-up care is essential to maintain progress made at the hospital and reduce the chance of relapse and readmission.

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The Partial Hospitalization Program at Reno Behavioral Healthcare Hospital

Reno Behavioral Healthcare Hospital is proud to offer the only Partial Hospitalization Program for adolescents in the community. This outpatient program provides needed continued treatment and therapy without the overnight stay. Patients participate in group therapy, as well as educational and family group sessions.

Attendance is six hours a day, Monday – Friday, ranging from two to four weeks. The program includes lunch and an on-site teacher to ensure participants don't fall behind in their studies.

BENEFITS OF OUTPATIENT SERVICES

- Can serve as a step-down program to continue needed care after a hospital admission.
- Comprehensive evaluation and individualized wellness and recovery treatment plan.
- Medication consultation and management.
- Evidence-based treatment.
- Intensive group therapy, cognitive behavioral therapy and illness management recovery.
- Aftercare referrals.
- Tools for identification and coping with triggers.
- On-site teacher so participants don't fall behind in their studies.
- Helpful in transition to home and school.

To learn more, contact a hospital representative or call 775-393-2201 or go to RenoBehavioral.com

